Morphine paradoxically prolongs neuropathic pain in rats by amplifying spinal NLRP3 inflammasome activation

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Opioid use for pain management has dramatically increased, with little assessment of potential pathophysiological consequences for the primary pain condition. Here, a short course of morphine, starting 10 d after injury in male rats, paradoxically and remarkably doubled the duration of chronic constriction injury (CCI)-allodynia, months after morphine ceased. No such effect of opioids on neuropathic pain has previously been reported. Using pharmacologic and genetic approaches, we discovered that the initiation and maintenance of this multmonth prolongation of neuropathic pain was mediated by a previously unidentified mechanism for spinal cord and pain—namely, morphine-induced spinal NOD-like receptor protein 3 (NLRP3) inflammasomes and associated release of interleukin-1β (IL-1β). As spinal dorsal horn microglia expressed this signaling platform, these cells were selectively inhibited in vivo after transfection with a novel Designer Receptor Exclusively Acti

Significance

Pain after disease/damage of the nervous system is predominantly treated with opioids, but without exploration of the long-term consequences. We demonstrate that a short course of morphine after nerve injury doubles the duration of neuropathic pain. Using genetic and pharmacological interventions, and innovative Designer Receptor Exclusively Activated by Designer Drugs (DREADD) multiday treatment with the DREADD-specific ligand clozapine-N-oxide prevented and enduringly reversed morphine-induced persistent sensitization for weeks to months after cessation of clozapine-N-oxide. These data demonstrate both the critical importance of microglia and that maintenance of chronic pain created by early exposure to opioids can be disrupted, resetting pain to normal. These data also provide strong support for the recent “two-hit hypothesis” of microglial priming, leading to exaggerated reactivity after the second challenge, documented here in the context of nerve injury followed by morphine. This study predicts that prolonged pain is an unrealized and clinically concerning consequence of the abundant use of opioids in chronic pain.

TLR4 | P2X7R | danger signals | DAMP | opioid-induced hyperalgesia

Recent reports are critical of the lack of controlled, long-term studies to support the dramatic escalation of opioid treatment for chronic pain over the past decade (1–5). Although one long-term concern is that there may be no benefit, another is that opioid treatment could have negative consequences for pain. For example, opioids are documented to paradoxically induce nociceptive sensitization [opioid-induced hyperalgesia (OIH)]; both in the presence and absence of a pain condition (6, 7). With only one exception (8), OIH has only been observed in chronic pain populations and is amplified by the preexisting pain condition (9–16). However, the mechanistic interactions between OIH and the pathophysiology of chronic pain are enigmatic, in part due to the absence of preclinical studies. Furthermore, the duration of OIH in either chronic pain populations or laboratory animals has never been assessed after discontinuation of opioid treatment; rather, pain was only assessed concurrently with, or within a few hours after, opioid administration. There would be major implications for how pain transitions to a chronic state if opioid treatment were to prolong the course of pain long after opioid cessation.

We predicted that opioid treatment would increase the magnitude and/or duration of long-term neuropathic pain, based on three interrelated lines of evidence: (i) Spinal microglial reactivity is triggered after peripheral nerve injury, in part via spinal release of danger-associated molecular patterns (DAMPs) that initiate glial Toll-like receptor 4 (TLR4) signaling (17). Chronic pain is gated by TLR4 in preclinical models, as the ensuing production of neuroexcitatory, immune mediators amplify nociceptive signaling in the spinal dorsal horn (17, 18); (ii) spinal microglial reactivity is also triggered by nonstereoselective opioid activation of TLR4 that promotes spinal release of neuroexcitatory immune mediators (7, 19, 20); and (iii) an immunological phenomenon termed glial “priming” has been described (21, 22), wherein a primary immune challenge (hit 1) confers a heightened neuroinflammatory response to secondary challenge (hit 2). It therefore follows that neuropathic pain after peripheral nerve injury (hit 1) may be exacerbated and prolonged by opioid treatment (hit 2). However, it has not been previously anticipated that opioids could contribute to chronic pain. In addition, the superimposition of peripheral nerve injury and opioid treatment may activate a unique mechanism never previously implicated in spinal cord, in opioid treatment, or for pathological pain—namely, activation of the NOD-like receptor protein 3 (NLRP3) inflammasome, a protein complex that activates
interleukin-1β (IL-1β), a "gatekeeper of inflammation" (summarized in Fig. S1) (23, 24). TLR4 signaling primes the inflammasome by increasing the expression of NLRP3 and pro-IL-1β (25).

A second signal, such as the purinergic receptor P2X7R—engaged by morphine and after peripheral nerve injury (7, 17, 26)—leads to the association of NLRP3, the adaptor protein apoptosis-associated speck-like protein containing a CARD (ASC), and caspase-1, allowing proteolytic activation of IL-1β (25, 27). Therefore, the aim of the present study was to test whether morphine treatment after peripheral nerve injury prolonged neuropathic pain in rats and whether the prolonged pain was mediated by spinal NLRP3 inflammasomes. Our data implicate the two superimposed challenges as both immunological in nature and as contributors to persistent neuropathic pain.

Results

Morphine Induces Persistent Nociceptive Sensitization After Peripheral Nerve Injury. To assess whether morphine could induce persistent sensitization under conditions of established neuropathic pain, morphine or saline was administered for 5 d (5 mg/kg, twice daily), beginning 10 d after sciatic chronic constriction injury (CCI) or sham surgery.8 Morphine treatment significantly prolonged CCI-allodynia in the Fischer 344 (F344) strain (Fig. L4) and increased the magnitude of CCI-allodynia in the Sprague–Dawley (SD) rat strain (Fig. 1B). The 5-d morphine regimen induced only mild and transient mechanical allodynia in sham-operated rats (Fig. 1A and B), a recognized feature of opioid abstinence (30). The empirical observation that morphine increased the vigor and speed of hindpaw withdrawal to the von Frey filaments in SD rats was supported by increased startle (converted to force; N) to a 0.2-mA shock (Fig. 1C). These data implicate morphine in the prolongation and amplification of neuropathic pain.

Morphine-Induced Persistent Nociceptive Sensitization Is Independent of Opioid Receptors. To determine whether opioid receptors mediated persistent sensitization, the μ-, κ-, and δ-opioid receptor-inactive stereoisomer (+)-morphine (31) was administered in lieu of (−)-morphine. (+)-morphine recapitulated persistent sensitization (Fig. 2A), demonstrating that this effect can occur independently of classical opioid receptors. In support, knockdown of spinal Oprm1 (encoding for the μ-opioid receptor) failed to prevent the development of morphine-induced persistent sensitization (Fig. 2B), despite knockdown of the target mRNA and protein sufficient to impair (−)-morphine analgesia (Fig. S2 A and B). Because both morphine isomers are TLR4 agonists (7, 19, 20), the role of this innate immune receptor was assessed by substituting (−)-morphine with the structurally distinct TLR4 agonist disulfide high mobility group box-1 (ds-HMGB1) (32). Persistent sensitization was recapitulated with ds-HMGB1 (Fig. 2C). Therefore, mechanisms of central immune signaling were investigated to explain morphine-induced persistent sensitization.

Central Immune Signaling Mediates Morphine-Induced Persistent Nociceptive Sensitization. Morphine nonselectively activates innate immunity, inducing production of the “gatekeeper of inflammation” and neuroexcitatory cytokine IL-1β (7, 20, 23, 33, 34).

Therefore, IL-1 receptor antagonist (IL-1ra) was intrathecally administered to test whether spinal IL-1β-mediated morphine-induced persistent sensitization. Such a result would be congruent with the results using (+)-morphine described above. Intrathecal IL-1ra infusion during morphine administration prevented persistent sensitization (Fig. 3A), whereas acute intrathecal IL-1ra during the period of persistent sensitization significantly attenuated mechanical allodynia, in F344 rats (Fig. 3B) (for parallel data in SD rats, see Fig. S3). Inhibition of TNF and IL-6, cytokines that can be regulated by IL-1β (23), also attenuated morphine-induced persistent sensitization in F344 rats (Fig. 3H) (for parallel SD data, see Fig. S1). These data indicate that the initiation and maintenance of morphine-induced persistent sensitization are dependent on proinflammatory cytokine signaling.

There are several known mechanisms by which IL-1β may increase the excitability of second-order nociceptive projection neurons, including phosphorylation of postsynaptic NR1 NMDA receptor subunits (35), and down-regulation of both the astrocyte glutamate transporter GLT-1 (36) and neuronal G protein-coupled receptor kinase 2 (GRK2; an enzymatic regulator of the homologous desensitization of many G protein-coupled receptors that protects against overstimulation) (37). The respective levels of these proteins were assessed in the ipsilateral lumbar dorsal horn during the period of persistent sensitization in F344 rats (5 wk after the conclusion of morphine or saline administration). Phospho-NR1 was elevated, whereas GRK2 and GLT-1 were decreased by the superimposition of CCI and morphine (Fig. 3 D–F). These data provide biochemical validation of the prolonged allodynia presented in Fig. 4 and additional supportive evidence that morphine-induced persistent sensitization was dependent on IL-1β signaling.

Morphine-Induced Persistent Sensitization Is Associated with Spinal Cord Inflammasome Activation in Microglia. Inflammasomes regulate IL-1β activation in peripheral immune cells (Fig. S1), yet it is not known whether parallel mechanisms exist in the spinal cord (24). Thus, expression of inflammasomes was quantified in the ipsilateral lumbar dorsal horn during the period of persistent sensitization in F344 rats (5 wk after the conclusion of morphine or saline administration). TLR4 mRNA and P2X7R protein levels, which represent the respective first (priming) and second (activation) signals, were elevated by the combination of CCI and morphine, relative to sham and saline control (Fig. 4 A and B). Phosphorylated p38 and the p65 subunit of NF-κB [which are responsible for NLRP3 and IL-1β transcription (25)], as well as NLRP3, were elevated by the combination of CCI and morphine, relative to sham and saline control (Fig. 4 C–E). Expression of a negative regulator of NLRP3, microRNA-223 (miR-223) (38), was decreased by the combination of CCI and morphine, relative to sham and saline.
control (Fig. 4F). The precursor enzyme procaspase-1, its active form caspase-1, and the product IL-1β mRNA were elevated by the combination of CCI and morphine, relative to sham and saline control (Fig. 4 G–I). These biochemical data support the behavioral attenuation of morphine-induced persistent sensitization by IL-1ra and demonstrate that expression of the NLRP3 inflammasome by microglia is associated with such persistent sensitization.

Lumbar dorsal spinal NLRP3 was colocalized with the microglia marker Iba1 (Fig. 4F), but not GFAP (astrocytes) or NeuN (neurons) (Fig. S4A). Furthermore, the combination of CCI and morphine increased the number of reactive lumbar dorsal spinal microglia (Iba1+ and phospho-p38α−), relative to all other conditions, when assessed 5 wk after the conclusion of morphine or saline administration (Fig. 4K). Therefore, the role of microglia in mediating morphine-induced persistent sensitization was functionally assessed. Current pharmacological methods to attenuate microglial reactivity lack selectivity, whereas the introduction of cellular debris to the local environment by depletion methods may present an immune stimulus in the central nervous system (CNS) (17). Therefore, we developed an inhibitory (Gq) Designer Receptor Exclusively Activated by a Designer Drug (DREADD) (39) under a CD68 promoter that was intrathecally transfected via an AAV9 vector. Transfection of the Gq or control constructs occurred before experimental manipulation, to ensure that microglia would form the majority of CD68+ cells in the spinal cord (40, 41). Gq-linked signaling was predicted to attenuate microglial reactivity because activation of the M4 muscarinic receptor [the Gq DREADD progenitor (39)] inhibits Ca2+ influx in parasympathetic neurons (42), a process associated with decreased proinflammatory cytokine production in microglia (43, 44). DREADD expression was restricted to Iba1+ cells in the lumbar dorsal spinal cord (Fig. 4L), and not those expressing GFAP or NeuN (Fig. S4B). DREADDs were activated with the selective, biologically inert ligand clozapine-N-oxide (CNO). Intrathecal CNO infusion during morphine administration prevented morphine-induced persistent sensitization in F344 rats expressing the Gq DREADD (Fig. 4M). Intrathecal infusion of CNO at 5 wk after the conclusion of morphine administration [which is within the period of persistent sensitization induced by morphine, because mechanical allodynia resolved in saline-treated CCI rats by this time (Fig. 1E)] reversed morphine-induced persistent sensitization in F344 rats expressing the Gq DREADD (Fig. 4N) (for parallel SD data, see Fig. S4C). Inhibition of proinflammatory signaling by Gq DREADDs was confirmed in vitro by using a Gq DREADD-transfected BV-2 microglia cell line. HMGB1—a DAMP released spinally in chronic pain models (17, 45)—increased expression of gene transcripts encoding Il1r1 (a negative regulator induced by NF-κB), NLRP3, and IL-1β in a concentration-dependent manner (Fig. 4 O–Q). Such increases in gene expression were attenuated by coinubcation with 50 μM CNO (Fig. 4 O–Q). Similar results were found for expression of gene transcripts encoding TNF and IL-6 (Fig. S4D). These data demonstrate that expression of the NLRP3 inflammasome by microglia is associated with morphine-induced persistent sensitization and that the initiation and maintenance of such persistent sensitization is dependent on microglial reactivity.

Fig. 2. Opioid receptors do not mediate morphine-induced persistent sensitization. (A) The opioid-receptor inactive (+)-morphine or saline (5 d; shaded area) was administered 10 d after CCI, and absolute thresholds for mechanical allodynia were quantified in F344 rats. (B) Oprm1 siRNA (7 d, beginning 8 d after CCI; green hatched bar) and morphine (5 d, beginning 10 d after CCI; shaded area) were administered, and absolute thresholds for mechanical allodynia were quantified in F344 rats. (C) The TLR4 agonist ds-HMBG1 or saline (5 d; shaded area) was administered 10 d after CCI, and absolute thresholds for mechanical allodynia were quantified in F344 rats. *P < 0.05; ***P < 0.001 (relative to CCI+s saline). Data are presented as mean ± SEM; n = 6 per group.

Spinal Cord Inflammasomes Mediate Initiation of Morphine-Induced Persistent Sensitization. The following experiments were designed to test whether spinal NLRP3 inflammasome activation was causal to the induction of morphine-induced persistent sensitization. Thus, the inflammasome platform was pharmacologically inhibited at several levels during morphine administration and followed by assessment of the behavioral and biochemical consequences for opioid-induced persistent sensitization.

The role of spinal TLR4—activated by both morphine (20) and DAMPs (17)—was explored as the first signal for inflammasome activation. Intrathecal infusion of the TLR4 antagonist (+)-naloxone (46) during morphine administration prevented the development of morphine-induced persistent sensitization in F344 rats (Fig. 5A) (SD data are in Fig. S5A). In support of the pharmacological data, knockdown of spinal Tlr4 (Fig. S5B), as well as TLR2/4 inhibition by oxidized 1-palmitoyl-2-araachidonyl-sn-3-glycero-phosphorylcholine (OxPAPC) (Fig. S5C), also prevented the development of morphine-induced persistent sensitization. Next, the role of spinal P2X7R—also activated by DAMPs (17)—was explored as the second signal for inflammasome activation. Intrathecal infusion of A438079 (47), a selective P2X7R antagonist, during morphine administration prevented the development of morphine-induced persistent sensitization (Fig. 5B) (SD data are in Fig. S5D). In support of the A438079 results, P2X7R inhibition by Brilliant Blue G (48) likewise prevented the development of morphine-induced persistent sensitization in F344 rats and SD rats under identical experimental designs (Fig. S5E). The role of spinal caspase-1 was then explored, because this is the enzyme responsible for the proteolytic activation of IL-1β (25). Intrathecal infusion of N-Ac-Tyr-Val-Ala-Asp-chloromethyl ketone (ac-YVAD-cmk) (49) during morphine administration prevented the development of morphine-induced persistent sensitization in F344 rats (Fig. 5C) (SD data are in Fig. S5F). These data provide evidence that initiation of morphine-induced persistent sensitization is dependent on TLR4, P2X7R, and caspase-1 signaling during morphine administration.

Markers of IL-1β–induced neuroexcitiation were quantified in the ipsilateral lumbar dorsal quadrant after coadministration of (+)-naloxone, A438079, or ac-YVAD-cmk with morphine (within the period of persistent sensitization in F344 rats; 5 wk after the conclusion of morphine administration). Each inhibitor decreased expression of phospho-NR1, and increased expression of GRK2 and GLT-1, relative to vehicle controls (Fig. 5 D–F). These data provide biochemical support for the prevented allodynia presented in Fig. 5 A–C and of attenuated IL-1β signaling.

Expression of inflammasomes was quantified in the ipsilateral lumbar dorsal quadrant within the period of persistent sensitization in F344 rats (5 wk after the conclusion of morphine administration). (+)-naloxone, A438079 and ac-YVAD-cmk each decreased expression of receptors mediating inflammasome priming (TLR4) and activation (P2X7R) (Fig. 5 G–I). Furthermore, each inhibitor
decreased expression of phospho-p38 and p65 NF-κB, and, consequently, NLRP3 (Fig. 5J-L). Each inhibitor decreased expression of procaspase-1, caspase-1, and IL-1β mRNA (with the exception of procaspase-1 expression, which was not altered by (+)-naloxone at this timepoint) (Fig. 5M-O). In support of a role for microglia in morphine-induced persistent sensitization, the number of reactive lumbar dorsal spinal microglia (Iba1+ and phospho-p38+) was attenuated by (+)-naloxone, A438079, and ac-YVAD-cmk, relative to vehicle controls (Fig. 4P-R). Together, these data demonstrate that activation of microglia and spinal cord inflammasomes is dependent on TLR4, P2X7R, and caspase-1 signaling during morphine administration and reveal underlying biochemical and molecular changes likely responsible for the behavioral effects.

Finally, the role of NLRP3 activation in the initiation of morphine-induced persistent sensitization was confirmed by knockdown of spinal Nlrp3, which prevented prolonged allodynia in F344 rats (Fig. 5S). Knockdown of the target mRNA and protein was verified (Fig. S5G). By intrathecally inhibiting the first (TLR4) and second (P2X7R) signals, as well as NLRP3 and caspase-1, during morphine administration, these affirmative data demonstrate a causal role for spinal NLRP3 inflammasomes in the initiation of morphine-induced persistent sensitization.

Spinal Cord Inflammasomes Mediate the Maintenance of Persistent Sensitization. Because NLRP3 inflammasome expression remained elevated within the period of morphine-induced persistent sensitization (5 wk after the conclusion of morphine administration) (Fig. 4), we tested whether such expression was causal to the maintenance of persistent sensitization. Thus, the inflammasome platform was pharmacologically inhibited within the period of persistent sensitization (5 wk after the conclusion of morphine administration for F344 rats). Inhibition was accompanied by assessment of the behavioral and biochemical consequences for opioid-induced persistent sensitization.

The role of TLR4 was explored as the first signal for inflammasome activation. Intrathecal infusion of (+)-naloxone starting 5 wk after morphine administration endurably reversed established morphine-induced persistent sensitization in F344 rats (Fig. 6A) (SD data are in Fig. S6A). The role of P2X7R was explored as the second signal for inflammasome activation. Intrathecal infusion of A438079 starting 5 wk after morphine administration endurably reversed established morphine-induced persistent sensitization in F344 rats (Fig. 6B) (SD data are in Fig. S6B). In support, Brilliant Blue G also reversed morphine-induced persistent sensitization in F344 rats and SD rats under identical experimental designs (Fig. S6C). The role of caspase-1 was then explored, because it is the enzyme that is responsible for the proteolytic activation of IL-1β. Intrathecal infusion of ac-YVAD-cmk beginning 5 wk after morphine administration reversed morphine-induced persistent sensitization in F344 rats (Fig. 6C) (SD data are in Fig. S6D). These data demonstrate that maintenance of morphine-induced persistent sensitization is dependent on sustained TLR4, P2X7R, and caspase-1 signaling.

Markers of IL-1β–induced neuroexcitation were quantified in the ipsilateral lumbar dorsal quadrant after reversal of morphine-induced persistent sensitization by (+)-naloxone, A438079, or ac-YVAD-cmk. Each inhibitor decreased expression of phospho-NR1, and increased expression of GRK2 and GLT-1, relative to vehicle controls (Fig. 6D-F). These data provide biochemical support for the reversed allodynia presented in Fig. 6A–C and of attenuated IL-1β signaling.

Expression of inflammasomes was quantified in the ipsilateral lumbar dorsal quadrant 1 d after the conclusion of inhibitor infusion (43 d after the conclusion of morphine administration) in F344 rats. (+)-naloxone, A438079, and ac-YVAD-cmk each decreased expression of receptors mediating inflammasome priming and activation TLR4 and P2X7R (Fig. 6G-I). Furthermore, each inhibitor decreased expression of phospho-p38 and p65 NF-κB, and, consequently, NLRP3 (Fig. 6J-L). Each inhibitor decreased expression of procaspase-1, caspase-1, and IL-1β mRNA (Fig. 6M-O). There were three exceptions, where (+)-naloxone did not decrease expression of P2X7R or procaspase-1, and ac-YVAD-cmk did not decrease expression of P2X7R or procaspase-1 at this time point. These data demonstrate that the sustained activation of inflammasomes is dependent on TLR4, P2X7R, and caspase-1 signaling after morphine administration. Furthermore, this affirmative dataset demonstrates a causal role for spinal inflammasomes in the maintenance of morphine-induced persistent sensitization.

Discussion
We discovered that a brief course of morphine treatment, administered upon expression of neuropathic pain, drives persistent sensitization for months after cessation of morphine. This persistent sensitization is (i) not dependent on opioid receptor signaling; (ii) correlated with increased expression of the ipsilateral lumbar dorsal inflammasome and localized to microglia; (iii) initiated by morphine-induced spinal NLRP3 inflammasome activation, a protein structure that had not previously been identified in the spinal cord or linked to pain; and (iv) maintained by spinal inflammasome activation.
Fig. 4. Repeated morphine after CCI amplifies inflammasome activation in microglia. (A–I) Ipsilateral lumbar dorsal spinal cords were collected from F344 rats that had undergone sham or CCI surgery, 5 wk after morphine/saline administration, and respective levels of P2X7R (A), TLR4 (B), phospho-p38/total ERK ratio (C), NF-kB (p65 subunit) (D), NLRP3 (E), miR-223 (F), procaspase-1 (G), caspase-1 (H), and IL-1β (I) quantified. (J) NLRP3 colocalization with Iba1 in the ipsilateral lumbar dorsal horn. (K) Phospho-p38 colocalization with Iba1 in the ipsilateral lumbar dorsal horn. (L) DREADD colocalization with Iba1 in the lumbar dorsal horn. (M and N) F344 rats were transfected with intrathecal inhibitory G_i or control DREADDs, and morphine (5 d; shaded area) was administered 10 d after CCI and absolute thresholds for mechanical allodynia were quantified in F344 rats. CNO (blue hatched bar) was coadministered with morphine (5 d) (M) or 5 wk after morphine dosing had concluded (CNO dosed for 7 d) (N), and absolute thresholds for mechanical allodynia were quantified. (O–Q) Gene expression in BV-2 cells expressing the G_i DREADD after 4 h incubation with a concentration range of HMGB1, and 0 μM (control) or 50 μM CNO. *P < 0.05; **P < 0.01; ***P < 0.001 [relative to sham-saline (A–I and K), relative to vehicle (M and N), and relative to control (O–Q)]; ^P < 0.05; ^^P < 0.01; ^^^P < 0.001 [relative to sham-morphine (A–I and K) and relative to 0 μg (O–Q)]; ##P < 0.05; ###P < 0.01; ####P < 0.001 (relative to CCI-saline). Data are presented as mean ± SEM; n = 6 or 7 per group.
Fig. 5. Induction of persistent sensitization is dependent on spinal cord inflammasome signaling. (A–C) The TLR4 antagonist (+)-naloxone (blue hatch; 5 d) (A), the P2X7R antagonist A438079 (purple hatch; 5 d) (B), or the caspase-1 inhibitor ac-YVAD-cmk (green hatch; 5 d) (C) was coadministered with morphine (5 d; shaded area) 10 d after CCI surgery, and absolute thresholds for mechanical allodynia were quantified in F344 rats. Ipsilateral lumbar dorsal spinal cords were collected from F344 rats that had undergone CCI surgery, 5 wk after morphine and inhibitor coadministration. (D–F) Respective levels of phospho-NR1, GRK2, and GLT-1 were quantified after treatment with (+)-naloxone (D), A438079 (E), or ac-YVAD-cmk (F). (G–I) Respective levels of P2X7R and TLR4 were quantified after treatment with (+)-naloxone (G), A438079 (H), or ac-YVAD-cmk (I). (J–L) Respective levels of phospho-p38/total ERK ratio, NF-κB (p65 subunit), and NLRP3 were quantified after treatment with (+)-naloxone (J), A438079 (K), or ac-YVAD-cmk (L). (M–O) Respective levels of procaspase-1, caspase-1, and IL-1β were quantified after treatment with (+)-naloxone (M), A438079 (N), or ac-YVAD-cmk (O). (P–R) Reactive lumbar dorsal spinal microglia (Iba1+ and phospho-p38+) after treatment with (+)-naloxone (P), A438079 (Q), ac-YVAD-cmk (R), and respective vehicle controls. (S) Nlrp3 siRNA (7 d, beginning 8 d after CCI; yellow hatched bar) and morphine (5 d, beginning 10 d after CCI; shaded area) were administered, and absolute thresholds for mechanical allodynia were quantified in F344 rats. *P < 0.05; **P < 0.01; ***P < 0.001 (inhibitor vs. control). Data are presented as mean ± SEM; n = 6 or 7 per group.
Fig. 6. Maintenance of persistent sensitization is dependent on inflammasome signaling. (A–C) The TLR4 antagonist (+)-naloxone (blue hatch; 5 d) (A), the P2X7R antagonist A438079 (purple hatch; 5 d) (B), or the caspase-1 inhibitor ac-YVAD-cmk (green hatch; 5 d) (C) was administered 5 wk after morphine (5 d, administered 10 d after CCI; shaded area), and absolute thresholds for mechanical allodynia were quantified in F344 rats. Ipsilateral lumbar dorsal spinal cords were collected from F344 rats, 1 d after the conclusion of inhibitor treatment. (D–F) Respective levels of phospho-NR1, GRK2, and GLT-1 were quantified after treatment with (+)-naloxone (D), A438079 (E), or ac-YVAD-cmk (F). (G–I) Respective levels of P2X7R and TLR4 were quantified after treatment with (+)-naloxone (G), A438079 (H), or ac-YVAD-cmk (I). (J–L) Respective levels of phospho-p38/total ERK ratio, NF-κB (p65 subunit), and NLRP3 were quantified after treatment with (+)-naloxone (J), A438079 (K), or ac-YVAD-cmk (L). (M–O) Respective levels of procaspase-1, caspase-1, and IL-1β were quantified after treatment with (+)-naloxone (M), A438079 (N), or ac-YVAD-cmk (O). \(*P < 0.05; **P < 0.01; ***P < 0.001\) (inhibitor vs. control). Data are presented as mean ± SEM; \(n = 6\) or 7 per group.
Mild OIH was induced in pain-free, previously opioid-naïve subjects, but resolved within days, as reported in clinical and laboratory animal studies (6, 7). However, we discovered that morphine interacts with neuropathic pain pathophysiology to potentially prolong this allodynia. We implicated the dorsal spinal NLRP3 inflammasome in morphine-induced persistent sensitization, discovering that this signaling platform has a triumvirate of previously undocumented roles in: the spinal cord, a neuropathic pain model, and enhancement of its activity by morphine (24). Dorsal spinal NLRP3 inflammasomes mediate the initiation of morphine-induced persistent sensitization, because inhibition of TLR4, P2X7R, caspase-1, or IL-1 during morphine administration prevents prolonged allodynia. Maintenance of morphine-induced persistent sensitization is also dependent on this pathway, because blockade of TLR4 or P2X7R antagonism. It should be noted that the role of TLR4 in OIH has been challenged (50, 51), although these data do not preclude a role for this receptor in morphine-induced persistent sensitization. Furthermore, TLR4 is posited to exclusively regulate male pain behaviors (26, 52). However, ongoing studies indicate that morphine-induced persistent sensitization also occurs in female rodents.

Expression of NLRP3 induced by persistent sensitization was localized to microglia, cells that also express TLR4 and P2X7R (17). The contribution of microglia to the induction and maintenance of morphine-induced persistent sensitization was confirmed by selectively inhibiting these cells with a G, DREADD (Fig. 4). The novel application of DREADD technology represents an important technical advance, because putative microglial inhibitors (e.g., minocycline, ibudilast, or propentofylline) have activity at other CNS cells, including neurons (17, 53). Expression of DREADDs before neuropathic pain induction prevented injury-induced recruitment of monocyte-derived cells from contributing to the observed effects. Although we predict that G-linked signaling inhibits Ca2+ influx in microglia to attenuate proinflammatory cytokine production (43, 44), the precise mechanisms are the subject of ongoing investigation. Because microglial activity has not been selectively manipulated in any prior study, these data, to our knowledge, are the first to unequivocally implicate microglia in a pathologic pain state.

The mechanism(s) by which inflammasomes remained activated after cessation of morphine is an avenue for further investigation. Initial activation of inflammasomes may have induced several adaptations that create a positive feedback loop at TLR4 and P2X7R. One adaptation may be disrupted glutamate homeostasis, due to IL-1β-mediated down-regulation of GLT-1 (Fig. 3F). Elevated glutamate may trigger ATP release from glia (54, 55), as well as excitotoxicity and subsequent DAMP release (17). ATP and reactive oxygen species released after glial P2X7R activation (56, 57), as well as additional DAMPs released as a consequence of HMGB1-induced excitotoxicity (58), may also maintain inflammasome signaling. However, whether spinal cord inflammasomes remain activated in the absence of morphine by reactive oxygen species and/or DAMP signaling at TLR4 and P2X7R, as part of a positive feedback loop, requires future examination.

The implications of the present study are striking in light of the “two-hit” model of glial priming and exaggerated neuroinflammation. Firstly, this model may provide a basis for understanding how opioids exaggerate pain in preclinical models of peripheral inflammation and surgery (59, 60), as well as clinically after thoracotomy (61, 62). Secondly, opioids superimposed on CNS neuroinflammation may have far-ranging consequences beyond pain. For example, opioids may also serve as a second hit for glia primed by aging or inflammation/trauma and may lead to cognitive decline in the elderly (63), postoperative cognitive decline (64), and impaired recovery of motor function after spinal cord injury (65, 66). Whether the mechanistic underpinnings revealed in the current series of studies will prove to generalize to such opioid-related phenomena remains to be defined. Finally, the implications of the present studies may extend beyond opioids as the second hit. A broad range of repeated neuroinflammatory challenges not only induce a transition from acute to persistent pain (60, 67, 68), but also induce behaviors that are comorbid with pain, including cognitive impairment (69), depression (70), and anxiety (71). Therefore, our data provide a rationale to examine whether the ubiquitous management of chronic pain with opioids contributes to the incidence of such pain, and potentially pain comorbidities—a hypothesis not previously considered or tested.

In summary, the mechanisms underlying the transition from acute to chronic pain are poorly understood (17, 72, 73). We discovered that a short course of morphine administered upon expression of neuropathic pain remarkably doubled the duration of CCI-allodynia. This process was dependent upon dorsal spinal microglial reactivity and NLRP3 inflammasomes. These findings comport with prior demonstrations that repeated immune challenges induce a transition from acute to chronic pain (60, 67, 68), which may also underpin pain comorbidities (69–71). An evaluation of the long-term consequences of opioid treatment for chronic pain will identify whether this phenomenon manifests clinically. Our data suggest a unique strategy to prevent and reverse the deleterious long-term effects of opioid treatment without compromising morphine analgesia; μ-opioid receptor-mediated analgesia can be maintained, while simultaneously eliminating inflammasome-mediated persistent sensitization.

Materials and Methods

SI Materials and Methods provides complete experimental methods. It includes subjects, drugs, RNA interference, surgery, catheter implantation, mechanical allodynia, shock sensitivity, and thermal analgesia testing, in vitro G, DREADD transfection and stimulation, RT-PCR, Western blotting, and immunohistochemistry. Methods for statistical analysis are also included.

All animal procedures were approved by the Institutional Animal Care and Use Committee of the University of Colorado Boulder.

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